

Dear Mr. Finkelstine,

5/12/11

As you are aware I will be graduating in June. I wanted to write you and tell you what I've learned here at Ocean Academy.

First off, I have learned about myself. I learned that I am a good friend. By being a good friend I respect my peets and their boundries. I give advice and show support, in which I never used to do. I listened to them when they need someone to talk to. I don't judge a person for their differences. I show 100% respect, even if I don't get it back.

Next off, I've learned the importance of my body. By eating healthy, and plenty of exercise I can maintain a healthy and balanced diet. By taking my medication, my anxiety is under control. I also learned to deal with my anger.

I have also learned the importance of my family. By working on my problems with my family I can communicate better. I also gain trust, and respect by being mature.

I've learned, the most important thing in my life is my family.

In conclusion, I have become a better person. I thank all my friends, and the staff at Ocean Academy, for helping me along this journey.

Thank You!,
Mike Yostville
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